IV. BÉKÉSCSABA INTERNATIONAL SPORT SCIENCE CONFERENCE ISSC 2025

I. Venue

Gál Ferenc University, Faculty of Economics – Main Lecture Hall Address: 5600 Békéscsaba, Bajza Street 33, Hungary

II. Date

12 September 2025 (Friday)

III. Programme

09:30 - 10:00 / Arrival and Registration

10:00 - 10:15 / Welcome Addresses

- Ádám Baran President, Békéscsaba Volleyball Sport Club
- Dr. Árpád Takács Chief County Officer, Békés County Government Office
- Péter Szarvas Mayor, City of Békéscsaba of County Rights
- Prof. Dr. László Dux Rector, university professor, Gál Ferenc University

10:15 - 10:30 / OPENING LECTURE

• Gabriella Vatai – President, Hungarian Volleyball Federation

10:30 - 11:15 / Lecture

• **Dr. habil. Szabolcs Halasi** – College Professor, Faculty of Pedagogy, Gál Ferenc University "The Impact of Sport on the Quality of Life of Primary School Pupils"

11:15 - 12:00 / Lecture

• Andrija Gerić – Sports Psychologist, Olympic Champion Volleyball Player "Performing Under Pressure"

12:00 - 13:00 / Lunch Break

13:00 - 13:45 / Lecture

Dr. Dániel Molitorisz – Orthopaedic and Trauma Surgeon
"Integrating Performance Enhancement and Injury Prevention in Sport in Line with 21st Century Expectations"

13:45 - 14:30 / Lecture

Bruno Leban – University of Cagliari, Department of Mechanical, Chemical and Materials Engineering,
 Industrial and Biomechanical Ergonomics Laboratory

"EDATS – Integrating Accessible Digital Technologies into Training in Team Sports" *

*The project is co-financed by the European Union and implemented under the Erasmus+ Programme.

14:30 - 15:15 / Lecture

 Balázs Darabos – Strength and Rehabilitation Coach
 "Key Parameters, Evaluation Criteria and Development Opportunities of Vertical Jumps from a Biomechanical Perspective, with Practical Examples"

15:15 - 15:30 / Coffee Break

15:30 - 16:00 / Lecture

• **Sándor Toma** – MSc Specialist Coach, Békéscsaba Volleyball Academy "Training Young Athletes for Elite Sport: The Complexity of Student-Athlete Development"

16:00 - 16:30 / Roundtable Discussion